

JANUARY

VOLUNTEER OPPORTUNITIES

23 January – *Family Fitness Night*

1700 - 1930

Shelton Elementary School

Come out and support Shelton Elementary with their annual Family Fitness Night!



27 January – *Jam 'n Jamz*

Three shifts available

0800 - 1030

1030 - 1230

1230 - 1500

Ernie Morgan Center, 3500 - A Granby Street

Help Norfolk as they offer free tree adoption and fun for families in the local community!



MAC Center, Bldg. MCA-600C

Camp Allen

Office: 757-445-5104

Cell: 252-367-1459

John Goodrich

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Transportation is
first come, first
served for all
events!!